

SEND NEWS SPLASH

ISSUE ONE HUNDRED AND
SIXTY SEVEN
15TH MAY 2023

New Social, Emotional and Mental Wellbeing Offer for Schools

Swindon Educational Psychology Service (EPS) has developed a new offer to schools in responding to the emotional wellbeing needs of their pupils. This is a new early intervention and prevention offer from the EPS, to help ensure that any difficulties are appropriately dealt with at the earliest opportunity. Assistant Educational Psychologists (AEPs) are psychology graduates with additional experience and knowledge in the application of psychology within education settings. Their work can include carrying out direct interventions with children and young people, support and training for school staff and parent workshops.

Interventions

Working directly with an individual or groups of pupils, the AEP can implement psychological and therapeutic-type interventions to support the social, emotional and mental wellbeing of pupils. This could include work, for example, around anxiety, emotional regulation, low mood, self-harm, bereavement, resilience or self-esteem. The AEP can also support with work around social skills and friendships. The format of a typical intervention programme would be six sessions of one hour each as well as a one hour set up meeting, a baseline assessment and brief impact report.

The AEP can also offer a more targeted package of support around those who are struggling to attend school due to anxiety (also known as EBSA -emotionally based school avoidance). This would include initial assessments for students and direct individual therapeutic-type support. The aim of this work would be to explore the barriers to attending school, support the student to be more psychologically flexible and to develop some strategies for managing their anxiety in relation to school attendance.

Please subscribe to the Local Offer YouTube channel here

CONTACT THE LOCAL OFFER ON LOCALOFFER@SWINDON.GOV.UK



Swindon SEND
Families Voice

Join Our Team!

We are looking for Parent
Representatives
Can you spare the occasional couple of
hours?

What we can offer you?

We can remunerate you £12 an hour for meetings you attend.

We can refund your travel expenses.

We can offer flexible working within school hours.

We can offer you free training and the opportunity to learn new skills

You will be part of a growing team that is striving to make a real difference to all children with SEND and their families in Swindon.

What would I have to do?

Attend meetings/events/school visits with a steering group member or another parent representative. Complete a feedback form to say how it went.

Want to know more?

For more information or to apply: Email us at swindonsendfamiliesvoice@outlook.com or Call us on 07486 873 405

The support would be tailored to the situation and could include home visits as required.

No personal information will be collected in this survey.

Training & Parent Workshops

The AEP can also offer training and support to school staff around agreed topics and can provide supervision to school staff based on this training. This can include training on running specific interventions in school, such as Circle of Friends and Zones of Regulation.

The AEP can also run parent workshops on agreed topics, e.g. supporting children with homework, understanding how children learn, anxiety, low mood, supporting social, emotional and mental health etc.

Booking Details

Assistant Educational Psychology time can now be purchased directly from the [Hub for Education](#), on the '[Educational Psychology Service](#)' pages, '[See Our Services](#)'. The daily rate = £301.

If you would like any further information please don't hesitate to contact Suzanne or Alexa at EPSEnquiries@swindon.gov.uk.



Issue 167, Monday 15th May 2023